

FOR IMMEDIATE RELEASE
June 1, 2015

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Walk on Wednesdays with Bowie's Green Team
Starting Wednesday, June 3rd, 2015 at 7:00 p.m.

BOWIE, MD - The Bowie Green Team's Food, Health and Wellness Subgroup will be hosting weekly community walks on Wednesday evenings at 7 p.m. starting Wednesday, June 3rd. Walks will be a fun and social opportunity for the citizens of Bowie to get together for light to moderate exercise. They also will highlight nature and many beautiful local walking trails. The following walks are planned for June:

June 3rd at Allen Pond Park (3330 Northview Drive) -The group will meet at the edge of the parking lot at the start of the walking path, and it will be approximately a 30-40 minute walk.

June 10th at David Kerr Nature Trail (Kinderbrook Lane) - Left onto Kinderbrook Lane from Kembridge Drive. Follow Kinderbrook Lane for about a half mile. The trail is on the left side of the road and is marked by a sign. Park on the street. The group will meet by the sign for the trail. The walk is expected to take approximately 30 minutes.

June 17th at Governor Bridge Trail (7600 Governor Bridge Road) - The group will meet by the sign in the parking area before proceeding onto the trails. The walk will take 30-40 minutes at this location.

June 24th at Whitemarsh Park (6300 Crain Highway) - The group will park in the parking lot by the head of the trail and will plan to walk for approximately 40 minutes.

Participants should wear appropriate attire, bring water and arrive no later than 7:05 p.m. if walking with the group. The group will convene at the specified locations at 7 p.m. sharp. There will be a group leader decked out in green attire, in honor of the Bowie Green Team, and who also will have a Walk Wednesdays sign to help participants locate the starting point for the walk. For questions about these events, please contact Kristin Larson at 301-809-3044 or klarson@cityofbowie.org.

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