

# FOR IMMEDIATE RELEASE

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**City of Bowie  
Community Outreach Committee  
Awards 2017-18 Grants**

The Community Outreach Committee (COC) advises the City Council on matters pertaining to human needs and resources in the community. Each year the Committee awards grants to support programs related to their mission. This year the following grants were awarded:

1. “Diabetes Prevention Program”- a program designed for people who have prediabetes or are at risk for type 2 diabetes. A trained lifestyle coach will help Bowie residents to eat healthier, reduce stress and get more physical exercise. This 26 week program will be held at the Bowie City Gymnasium.
2. “Am I My Sister’s Keeper” – a program designed to empower, support and encourage women who are coping with domestic abuse. Sessions are planned on building self-esteem, job preparedness and resume writing, money management, health and wellness, housing, and youth and teen support. Sessions will occur monthly from October through May at Bowie City Hall.
3. “Domestic Violence Counseling” – a program designed to help three different populations who experience domestic violence; women, particularly those who are homeless; men who have been victims of female domestic violence; and male LGBTQ community members who have been victims of same-sex domestic violence by their spouse or domestic partner. Support group meetings will be held twice monthly for 10 months at Grace Lutheran Church on Belair Drive.

Additional information about registering for all of these programs as well as registration information will be available on the Community Outreach Committee section of the City webpage as it becomes available.