



GREEN
BOWIE

WALK WEDNESDAYS

SPONSORED BY BOWIE GREEN TEAM

BEGINS JULY 5TH AT 7 PM

Bowie Green Team's Food, Health and Wellness Subgroup is hosting weekly community walks on Wednesday evenings in July. It will be a fun and social opportunity for the citizens of Bowie to get together for light to moderate exercise and will highlight nature and many beautiful local walking trails.

July 2017

Walk Wednesdays Schedule

July 5th at Allen Pond Park (3330 Northview Dr) - The group will meet at the edge of the parking lot at the start of the walking path and it will be approximately a 30 – 40 minute walk.

July 12th at Glen Allen Park (15600 Atlantis Dr) - The group will meet in the parking lot off Atlantis Drive and will plan to walk for approximately 30 minutes.

July 19th at Saddlebrook West (River Park Rd and Roving Wood Dr) – Meet in the parking lot by the pool at this intersection and it will be approximately a 30-40 minute walk.

July 26th at Whitmarsh Park (6300 Crain Highway) - The group will park in the parking lot by the head of the trail and will plan to walk for approximately 40 minutes.

The group will convene at the specified locations at 7 p.m. sharp. Please wear appropriate attire, bring water, and arrive no later than 7:05 p.m. if you would like to walk with the group. Look for the group leader who will have a Walk Wednesdays sign to help participants locate the starting point for the walk.

If you have questions about these events, please contact Kristin Larson at 301-809-3044 or klarson@cityofbowie.org.

FREE

Walking Club!

